

## **Individual healthcare plans for children and young people**

This is a summary intended to provide additional signposting for advice and support. For full guidance on this area please see the document Haringey Medical Policy SEND.

[https://www.haringey.gov.uk/sites/haringeygovuk/files/medical\\_policy\\_send.pdf](https://www.haringey.gov.uk/sites/haringeygovuk/files/medical_policy_send.pdf)

### **Who needs an individual health care plan?**

Some children will require an individual health care plan e.g. where there is a high risk that emergency intervention will be needed or for children who have long term medical conditions that need medication. A child may have more than one care plan e.g. if they have asthma and epilepsy

Where a child has an EHCP the need for an individual health care plan may be stated. Plans should be reviewed at least annually, or earlier if a child's needs have changed.

### **Who should draw up the healthcare plan?**

Plans should be drawn up in partnership between the setting, parents, and a relevant healthcare professional, e.g specialist or children's community nurse or paediatrician, who knows the needs of the child mainstream school nurses or health visitors may be able to signpost into these services. Children should also be involved whenever appropriate. Responsibility for ensuring the care plan is finalised and implemented rests with the setting.

### **Which format should be used?**

A standard proforma for identifying and agreeing the support a child needs and developing an individual healthcare plan is provided for this purpose (Form AOM3). If a child has a plan supplied by a specialist service that should be used.

Where an emergency plan is needed a proforma is provided: EMERGENCY PLANNING

### **Where can training be accessed?**

At the time of writing North Middlesex Hospital are running annual Train the Trainer days for school nurses and other professionals on common conditions requiring health care plans in school.

### **Who should provide information for the healthcare plan?**

**Parents/Carers** are best placed to inform a setting that their child has medical needs and will often be able to provide reports from relevant health professionals.

### **Which Healthcare professionals can provide advice and/or signposting for healthcare plans?**

Depending on the individual case professionals such as GPs, paediatricians, specialist nurses, community nurses, school nurses and health visitors may be the appropriate health professional to provide medical advice or may inform the setting that a care plan is needed for a child

Further advice for individual health care plans can be sought from the team managing a child's condition which may be based at one of our local hospitals such as the Whittington Hospital or North Middlesex hospital. Alternatively, a specialist hospital such as Great Ormond Street may be managing the condition

and be best placed to give advice. The teams will often provide plans that can be incorporated into the individual health care plan.

Examples include the epilepsy, asthma, allergy and diabetic teams at North Middlesex Hospital or the Whittington Hospital.

The Special School Nurse, Designated Medical Officer or Consultant Community Paediatrician may also be able to advise depending on the situation.

### What training is required and how is it accessed?

When staff (teachers or support staff) volunteer to give pupils help with their medical needs, the Head of the School/Centre should agree to their doing this and must ensure that staff receive proper support and training where necessary.

Some staff may already have some knowledge of the specific support needed by a child with a medical condition and so extensive training may not be required. E.g. EpiPen injector use

The relevant healthcare professional should normally lead on identifying and agreeing with the school the type and level of training required, and how this can be obtained. Schools may choose to arrange training themselves and should ensure this remains up to date.

A first-aid certificate does not constitute appropriate training in supporting children with medical conditions.

### Contacts and Information

Services	Email/Telephone contact/ Website details
<p><b>Allergy</b></p> <p><b>Allergywise</b> – for information on their school training programme</p> <p><b>BSACI (<i>British society for allergy and clinical immunology</i>)</b> have downloadable Paediatric Allergy action plans.</p>	<p><a href="mailto:northmid.paedsallergy@nhs.net">northmid.paedsallergy@nhs.net</a>  <a href="mailto:whitpaedallergy@nhs.net">whitpaedallergy@nhs.net</a></p> <p><a href="http://www.anaphylaxis.org.uk">www.anaphylaxis.org.uk</a></p> <p><a href="http://www.basci.org">www.basci.org</a></p>
<p><b>Asthma</b></p> <p><b>The Asthma Friendly School Programme in Haringey</b></p>	<p><a href="mailto:whitpaedasthma@nhs.net">whitpaedasthma@nhs.net</a>  <a href="mailto:northmid.paedsasthma@nhs.net">northmid.paedsasthma@nhs.net</a></p> <p><a href="https://www.haringey.gov.uk/social-care-and-health/health/public-health/healthy-schools-programme/children-and-young-peoples-asthma/what-haringey-public-health-team-are-doing-locally">https://www.haringey.gov.uk/social-care-and-health/health/public-health/healthy-schools-programme/children-and-young-peoples-asthma/what-haringey-public-health-team-are-doing-locally</a></p>

<b>Diabetes</b> - provide online e-learning about type 1 diabetes	<a href="http://www.JDRF.org.uk">www.JDRF.org.uk</a>
<b>Epilepsy</b> Whittington Hospital Paediatric Epilepsy Specialist Nurse  North Middlesex Hospital Paediatric Epilepsy Nurse  You can request a 'guide for schools' booklet and other resources from the charity Young Epilepsy	<a href="mailto:sharon.buchanan@nhs.net">sharon.buchanan@nhs.net</a>  <a href="mailto:natasha.price1@nhs.net">natasha.price1@nhs.net</a>  <a href="https://www.healthylondon.org/resource/london-epilepsy-guide-schools/">https://www.healthylondon.org/resource/london-epilepsy-guide-schools/</a> <a href="https://www.youngepilepsy.org.uk/resources-for-schools">https://www.youngepilepsy.org.uk/resources-for-schools</a>
<b>School nursing team</b>	Email: <a href="mailto:whh-tr.HaringeySchoolNursing@nhs.net">whh-tr.HaringeySchoolNursing@nhs.net</a> Tel.: 020 3224 4300 or 020 3074 2600
<b>Children Community Nursing team</b> based at North Middlesex Hospital	<a href="mailto:northmid.ChildrenCommunityNurses@nhs.net">northmid.ChildrenCommunityNurses@nhs.net</a> 020 3074 2650
<b>Haringey Health visiting service</b>	<a href="mailto:whh-tr.0-19@nhs.net">whh-tr.0-19@nhs.net</a>
<b>Designated medical officer</b>	<a href="mailto:whh-tr.haringeysen@nhs.net">whh-tr.haringeysen@nhs.net</a>

Appendix 1: HEALTH CARE PLAN FOR A CHILD/PUPIL WITH SPECIAL MEDICAL NEEDS (FORM AOM3)

Appendix 2: EMERGENCY PLANNING

#### References

1. <https://www.gov.uk/government/publications/supporting-pupils-at-school-with-medical-conditions->
2. <https://www.gov.uk/government/publications/send-code-of-practice-0-to-25>