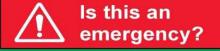
Child Having an ASTHMA ATTACK?

Think
?
Any of these signs:

- Coughing
- Wheezing
- Hard to breathe
- Tight chest
- Cannot walk/talk

Send someone to get inhaler and spacer

Stay with the child



Intervene



- Keep calm
- Reassure child
- Sit them up and slightly forward
- Is someone getting inhaler and spacer?
- Administer inhaler
- Note time of using inhaler





Medicine



- Shake inhaler
- Place in spacer
- Spray one puff
- Take five breaths
- Repeat the above up to 10 times if needed
- If no improvement, call an ambulance



Emergency



- If no improvement, or if you are worried or unsure, call 999
- If ambulance takes longer than 10 mins, repeat Medicine steps
- Note time of calling 999



School's postcode



Has child taken their inhaler?





