



ASTHMA TREATMENT **GUIDELINES**

SPACER DEVICES

Spacer devices are recommended for use with Metered Dose Inhalers (MDI's) in all age groups.

CLEANING

- Wash the spacer once a month using detergent, such as washing-up liquid.
- **Don't** scrub the inside of the spacer as this affects the way it works.
- Leave it to air-dry as this helps to prevent the medicine sticking to the sides of the chamber and reduces the static.
- Wipe the mouthpiece clean of detergent before using it again. Don't worry if the spacer looks cloudy - that doesn't mean its dirty.
- The spacer should be replaced at least every year, especially if used daily, but some may need to be replaced sooner.
- Ensure the inhaler is compatible with the spacer device

Spacer devices should be replaced every 6-12 months.

Aerochamber Infant Device with mask (Orange)



0-18 months

Aerochamber Plus (Blue)



5+ years

Volumatic



Aerochamber Child Device with mask (Yellow)



1 - 5 years

Volumatic with Face Mask



Aerochamber Plus with mask (Blue)



5+ years